

**Results****VAC 10000m Championships****Battersea, London****18/09/2019**

**Event Name** 10000 TIME1  
**Event Id** T01  
**Event Code** 10000

Place	Performance	Bib	First Name	Last Name	Category	Gender	Age Group	Team
1	43:36.60	14	Robert	Nagorski	M55	M	V55	VAC
2	44:29.80	5	Carey	Gray	M60	M	V60	VAC
3	44:45.00	11	Stuart	Leigh	M55	M	V55	OPEN
4	45:34.90	13	Andy	Mitchelson	M50	M	V50	VAC
5	47:47.10	8	Caroline	Helder	W55	F	V55	VAC
6	48:50.60	17	Liam	O'Hare	M70	M	V70	VAC
7	50:08.50	6	David	Greenfield	M60	M	V60	VAC
8	52:11.50	15	Rhiannon	Needham	W35	F	V35	VAC
9	53:17.30	9	Michael	Johnson	M75	M	V75	VAC
10	53:36.70	12	Doug	Milsom	M80	M	V80	VAC
11	59:39.70	4	Alan	Davidson	M70	M	V70	VAC
12	1:02:39.70	2	Joe	Aspinall	M80	M	V80	VAC
13	1:06:26.30	16	Bill	O'Connor	M70	M	V70	VAC
14	1:06:48.20	19	Francis	Thomason	M70	M	V70	VAC
15	1:07:26.50	3	Edwin	Bartlett	M75	M	V75	VAC
	DNS	1	Camilla	Allwood	W60	F	V60	VAC
	DNS	7	Peter	Hamilton	M70	M	V70	VAC
	DNS	10	Sarah	Knox	W45	F	V45	SVHC
	DNS	18	Karen	Samuel	W55	F	V55	SCVAC

**Event Name** 10000 TIME2  
**Event Id** T02  
**Event Code** 10000

Place	Performance	Bib	First Name	Last Name	Category	Gender	Age Group	Team
1	37:31.34	23	Andy	Bowen	M50	M	V50	VAC
2	37:43.82	27	Fergal	Donnelly	M45	M	V45	VAC
3	38:36.30	34	Paul	Mccrone	M50	M	V50	VAC
4	38:55.64	29	Darren	Franks	M50	M	V50	VAC
5	38:59.35	38	David	Robinson	M40	M	V40	OPEN
6	39:11.01	35	Susan	McDonald	W50	F	V50	VAC
7	39:19.25	25	Pete	Crockford	M60	M	V60	VAC
8	39:47.17	28	Jaran	Finn	M45	M	V45	OPEN
9	39:48.26	26	Malcolm	Davies	M50	M	V50	VAC
10	39:55.71	21	Kana	Akimoto	W35	F	V35	OPEN
11	40:20.73	37	Neil	Rae	M45	M	V45	OPEN
12	40:32.77	33	Richard	Mangham	M55	M	V55	EMAC
13	41:38.77	40	Kay	Trinder	W50	F	V50	VAC
14	41:51.86	22	Howard	Andersen	M60	M	V60	MMAC
15	42:03.62	36	Helen	Pool	W45	F	V45	VAC
16	42:33.84	30	Peter	Giles	M75	M	V75	VAC
17	42:46.91	31	Peter	Hall	M60	M	V60	VAC
18	43:02.48	39	Patrick	Thielemans	M40	M	V40	SCVAC
19	44:34.66	24	Joanne	Burkett	W45	F	V45	VAC
	DNS	32	Tony	Macdowall	M35	M	V35	VAC

**Results****VAC 10000m Championships****Battersea, London****18/09/2019****Event Name** 10000 TIME3**Event Id** T03**Event Code** 10000

<b>Place</b>	<b>Performance</b>	<b>Bib</b>	<b>First Name</b>	<b>Last Name</b>	<b>Category</b>	<b>Gender</b>	<b>Age Group</b>	<b>Team</b>
1	33:12.50	46	Ben	Goddard	M35	M	V35	OPEN
2	33:43.87	44	Aaron	Burgess	M35	M	V35	VAC
3	34:30.94	57	Justin	Reid	M45	M	V45	NIMAA
4	34:39.27	51	Donal	Moran	M45	M	V45	OPEN
5	34:42.33	43	Terry	Booth	M50	M	V50	VAC
6	34:43.65	53	Martin	Murray	M50	M	V50	NEMAA
7	34:45.49	54	Stewart	Overton	M35	M	V35	EMAC
8	35:01.08	50	Dan	Madams	M45	M	V45	VAC
9	35:18.29	56	Jonathan	Ratcliffe	M50	M	V50	SCVAC
10	35:20.40	45	Alex	Davidson	M55	M	V55	OPEN
11	35:47.61	47	Sam	Holland	M40	M	V40	VAC
12	35:53.84	58	Tony	Tuohy	M55	M	V55	VAC
13	36:22.36	41	Jon	Anderson	M50	M	V50	EMAC
14	37:28.79	49	Edward	Lambert	M40	M	V40	VAC
15	38:27.09	42	Simon	Bean	M60	M	V60	SCVAC
	DNS	48	Ben	Hurley	M40	M	V40	VAC
	DNS	52	Matthew	Munro	M40	M	V40	VAC
	DNS	55	Raj	Paranandi	M40	M	V40	VAC