

**VAC 10k Road Championship, Richmond 10k, 23 June 2024**

	Bib	Name	Gun Time	Chip Time	Race Cat.	Cat. Pos.	VAC Pos.	VAC Medal	Club
1	12	Andrew Barnes	00:33:17	00:33:16	35-44	2	M40 1	Gold	London Heathside
2	46	Simon Shaw	00:34:49	00:34:48	45-54	1	M50 1	Gold	Ealing Southall & Middlesex AC
3	315	Ben Goddard	00:35:16	00:35:13	35-44	10	M35 1	Gold	Woking AC
4	548	Robert Smith	00:36:01	00:35:58	35-44	13	M35 2	Silver	Walton AC
5	61	Jani Kraner	00:37:01	00:36:55	35-44	21	M40 2	Silver	Walton AC
6	162	Jeremy Garner	00:38:37	00:38:31	45-54	21	M50 2	Silver	Epsom Oddballs RC
7	345	Steve Corfield	00:38:39	00:38:31	55-64	4	M60 1	Gold	Striders Of Croydon
8	170	James Adams	00:38:44	00:38:39	35-44	33	M40 3	Bronze	Guildford & Godalming AC
9	192	David Ogden	00:38:58	00:38:52	65+	1	M65 1	Gold	South London Harriers
10	497	Jamie Mcloughlin	00:39:20	00:39:19	45-54	30	M45 1	Gold	Walton AC
11	308	Simon Danciger	00:39:41	00:39:37	55-64	6	M60 2	Silver	Barnes Runners
12	10	Martin Daoud	00:40:10	00:40:00	55-64	9	M60 3	Bronze	Ealing Southall & Middlesex AC
13	47	Ginevra Stoneley	00:41:21	00:41:08	45-54	3	W45 1	Gold	Reigate Priory AC
14	13	Thomas Cheetham	00:43:28	00:43:17	55-64	16	M55 1	Gold	Hercules Wimbledon AC
15	335	Lara James	00:43:41	00:43:25	45-54	11	W45 2	Silver	Jersey Spartan AC
16	167	Peter Hall	00:43:57	00:43:49	65+	4	M65 2	Silver	West 4 Harriers
17	509	Susanna Harrison	00:44:08	00:43:56	55-64	3	W60 1	Gold	Guildford & Godalming AC
18	350	Ian Kitching	00:45:04	00:44:56	65+	8	M70 1	Gold	South London Harriers
19	219	Stewart Bond	00:45:22	00:45:09	55-64	24	M55 2	Silver	Hercules Wimbledon AC
20	505	Graham Laylee	00:48:19	00:48:06	65+	11	M65 3	Bronze	Dulwich Runners AC
21	174	Shun-Lai Chan	00:48:31	00:48:12	45-54	26	W50 1	Gold	South London Harriers
22	7	Penny Wilkins	00:49:13	00:49:07	55-64	6	W60 2	Silver	South London Harriers
23	585	Maggie Statham-Berry	00:52:38	00:52:11	65+	1	W70 1	Gold	Lingfield RC
24	16	Patricia Thomas	00:53:12	00:53:03	55-64	18	W55 1	Gold	Ealing Southall & Middlesex AC
25	314	Jim Brown	00:55:29	00:55:02	65+	26	M75 1	Gold	Windle Valley Runners
26	351	Sue Garner	00:55:38	00:55:18	65+	4	W75 1	Gold	Lingfield RC
27	41	Fiona Bishop	00:55:47	00:55:29	65+	5	W65 1	Gold	Woking AC
28	207	Marion Rayner	00:59:50	00:59:17	65+	8	W70 2	Silver	West 4 Harriers
29	368	Keith Brown	00:59:55	00:59:16	65+	29	M65 4		Croydon Harriers
30	503	John Carter	01:05:32	01:04:51	65+	33	M80 1	Gold	Wimbledon Windmilers