

# Veterans AC Open Cross Country Championships - - Wimbledon 18 Jan 2025

Address: Venue Unspecified  
 Date of event: 2025-01-18  
 Organiser: Veterans AC  
 Contact Email: [entries@vetsac.org.uk](mailto:entries@vetsac.org.uk)  
 Competition Type: CROSSCOUNTRY

## Results by Category

This report only shows finishers (excludes DNF, DNS and DQ)

### 1 8K XC MFALL - 2025-01-18

#### M35

Position	Name	Age	Team	Performance
1	Eric Dol	M35	Veterans AC	26:59

#### M40

Position	Name	Age	Team	Performance
1	David Sharman	M40	Wimbledon Windmilers	24:57

#### M45

Position	Name	Age	Team	Performance
1	Martin Edwards	M45	Veterans AC	27:39
2	Jim Carrington	M45	Veterans AC	27:44
3	Richard Steeples	M45	Collingwood AC	28:44
4	Christopher Williams	M45	Clapham Chasers	30:16

#### M50

Position	Name	Age	Team	Performance
1	Rich Berry	M50	Veterans AC	25:27
2	Craig Jackson	M50	Veterans AC	25:57
3	Jacob Armstrong-Plieth	M50	Veterans AC	28:35
4	Andrew Davies	M50	Veterans AC	28:37
5	James Hamilton	M50	Veterans AC	29:37

#### M55

Position	Name	Age	Team	Performance
1	Muhamud Haile	M55	Veterans AC	27:20
2	Malcolm Davies	M55	Veterans AC	28:57
3	Andrew Simms	M55	Veterans AC	29:50
4	Tom Cheetham	M55	Veterans AC	30:21
5	Stewart Bond	M55	Veterans AC	32:19
6	Gareth George	M55	Veterans AC	32:59

#### M60

Position	Name	Age	Team	Performance
1	Mark Tennyson	M60	Veterans AC	27:13
2	Len Reilly	M60	Veterans AC	29:21
3	Duncan Haughey	M60	Veterans AC	30:16

4	Martin Daoud	M60	Veterans AC	30:25
5	Richard Evans	M60	Veterans AC	31:03
6	Darko Calina	M60	Veterans AC	32:40
7	Ian Butler	M60	Veterans AC	33:12
8	Tom Armstrong	M60	Veterans AC	33:54
9	Andy Millbank	M60	Veterans AC	34:03
10	Gary Budinger	M60	Veterans AC	39:57
11	Keith Ward	M60	Midland Masters AC	44:23

### M65

Position	Name	Age	Team	Performance
1	Martin Leat	M65	Veterans AC	30:04
2	Tony Pamphilon	M65	Veterans AC	30:13
3	Steve Smythe	M65	Veterans AC	33:23
4	Michael Barrett	M65	Epsom Oddballs RC	35:45
5	Dave West	M65	Veterans AC	37:45
6	Ian McCarthy	M65	Veterans AC	37:50
7	David Greenfield	M65	Veterans AC	38:35
8	Keith Brown	M65	Veterans AC	41:19

### M70

Position	Name	Age	Team	Performance
1	Richard Turner	M70	Thames Hare & Hounds	33:13
2	David Coates	M70	Southern Counties Veterans AC	34:38
3	Valdis Pauzers	M70	Veterans AC	35:33
4	Martin Garrett	M70	Veterans AC	38:04
5	Nigel Goodwin	M70	Herne Hill Harriers	53:45

### M75

Position	Name	Age	Team	Performance
1	Michael Mann	M75	Veterans AC	36:29
2	Mick Anglim	M75	South West Veterans AC	36:34
3	Dan Maskell	M75	Veterans AC	41:59
4	Bill O'Connor	M75	Veterans AC	54:27

### M80

Position	Name	Age	Team	Performance
1	Peter Giles	M80	Veterans AC	37:08
2	Paul Newby	M80	Thames Hare & Hounds	43:29

### W35

Position	Name	Age	Team	Performance
1	Mariana Marques	W35	Clapham Chasers	28:14
2	Nattalie Ward	W35	Midland Masters AC	35:40

## W40

Position	Name	Age	Team	Performance
1	Lucy Hancock	W40	Clapham Chasers	29:04
2	Madeleine Armstrong-Plieth	W40	Veterans AC	29:18

## W45

Position	Name	Age	Team	Performance
1	Rebecca Pickard	W45	Veterans AC	30:35
2	Jenny Sinfield	W45	Collingwood AC	32:48

## W50

Position	Name	Age	Team	Performance
1	Victoria Buck	W50	Veterans AC	29:26
2	Rachel Berry	W50	Veterans AC	29:34
3	Alex Coomber	W50	Veterans AC	30:15
4	Nicola Richmond	W50	Veterans AC	30:30
5	Estle Viljoen	W50	Hercules Wimbledon AC	31:33
6	Inga Bellahn	W50	Herne Hill Harriers	33:57
7	Chiara Cristoni	W50	Veterans AC	37:39

## W55

Position	Name	Age	Team	Performance
1	Susan McDonald	W55	Veterans AC	28:30
2	Helen Davies	W55	Veterans AC	34:12
3	Lesley Mill	W55	Veterans AC	36:51

## W60

Position	Name	Age	Team	Performance
1	Clare Elms	W60	Veterans AC	27:43
2	Lucy Woolhouse	W60	Veterans AC	31:17
3	Nicky Atkins	W60	Veterans AC	36:23
4	Sarah Allen	W60	Veterans AC	40:21

## W65

Position	Name	Age	Team	Performance
1	Lynn Wilson	W65	Veterans AC	34:51
2	Merilyn Davis	W65	Southern Counties Veterans AC	35:03
3	Jo Quantrill	W65	South London Harriers	36:55
4	Fiona Bishop	W65	Veterans AC	39:37

## W70

Position	Name	Age	Team	Performance
1	Jane Georghiou	W70	Veterans AC	40:57
2	Annie Ross	W70	Veterans AC	46:12