

## Results of VAC 5k road race, Battersea Park, 1 August 2023

| Place | Time  | Bib | First Name | Last Name        | Category | Cat.Pos | Club                  |
|-------|-------|-----|------------|------------------|----------|---------|-----------------------|
| 1     | 16:05 | 166 | Duncan     | Woolmer          | M40      | 1       | VAC                   |
| 2     | 16:08 | 47  | Tom        | Hollis           | M35      | 1       | Lonely Goat           |
| 3     | 16:09 | 72  | Chris      | Mullin           | M45      | 1       | Kent AC               |
| 4     | 16:14 | 30  | Barnaby    | Day              | M40      | 2       | Kent AC               |
| 5     | 16:25 | 161 | David      | Williams         | M50      | 1       | SLH                   |
| 6     | 16:28 | 90  | Adrian     | Russell          | M45      | 2       | VAC                   |
| 7     | 16:34 | 69  | Ben        | Millar           | M45      | 3       | Herne Hill Harriers   |
| 8     | 16:39 | 57  | Jani       | Kraner           | M40      | 3       | VAC                   |
| 9     | 16:43 | 14  | David      | Brighton         | M40      | 4       | Woking AC             |
| 10    | 16:45 | 147 | Nick       | Tearle           | M50      | 2       | VAC                   |
| 11    | 16:48 | 58  | Robert     | Laing            | M45      | 4       | Kent AC               |
| 12    | 16:51 | 8   | James      | Blogg            | M40      | 5       | Havering              |
| 13    | 16:56 | 37  | Joseph     | Gonzalez-Armas   | M50      | 3       | VAC                   |
| 14    | 17:02 | 150 | Richard    | Tomlinson        | M55      | 1       | VAC                   |
| 15    | 17:07 | 80  | Sam        | Rahman           | M40      | 6       | Iford AC              |
| 16    | 17:08 | 78  | Pierre     | Philippon        | M40      | 7       | Serpentine RC         |
| 17    | 17:09 | 155 | James      | Wallace          | M40      | 8       | Fleet & Crookham      |
| 18    | 17:12 | 1   | Shahab     | Ahmad            | M40      | 9       | North Herts           |
| 19    | 17:14 | 27  | Mark       | Cursons          | M60      | 1       | VAC                   |
| 20    | 17:17 | 10  | Terry      | Booth            | M55      | 2       | VAC                   |
| 21    | 17:22 | 84  | Justin     | Reid             | M50      | 4       | Hercules Wimbledon    |
| 22    | 17:23 | 53  | Robin      | Jones            | M50      | 5       | VAC                   |
| 23    | 17:25 | 56  | Jim        | King             | M50      | 6       | St Albans Striders    |
| 24    | 17:30 | 95  | Lee        | Savage           | M40      | 10      | Reigate Priory        |
| 25    | 17:31 | 5   | Pip        | Bennett          | M40      | 11      | Herne Hill Harriers   |
| 26    | 17:35 | 35  | Melissah   | Gibson           | W35      | 1       | Ealing Eagles         |
| 27    | 17:36 | 38  | Adrian     | Greenwood        | M40      | 12      |                       |
| 28    | 17:48 | 82  | Jonathan   | Ratcliffe        | M55      | 3       | SCVAC                 |
| 29    | 17:59 | 4   | Nick       | Barker           | M40      | 13      | Loughton              |
| 30    | 18:03 | 19  | Chris      | Coates           | M40      | 14      | Stragglers            |
| 31    | 18:04 | 145 | Nikki      | Sturzaker        | W50      | 1       | VAC                   |
| 32    | 18:07 | 25  | Carole     | Coulon           | W45      | 1       | Blackheath & Bromley  |
| 33    | 18:08 | 159 | Jonathan   | Whittaker        | M40      | 15      | VAC                   |
| 34    | 18:12 | 152 | Tony       | Tuohy            | M60      | 2       | VAC                   |
| 35    | 18:13 | 96  | Tim        | Sharp            | M45      | 5       | VAC                   |
| 36    | 18:16 | 9   | Robin      | Boon             | M50      | 7       | Guildford & Godalming |
| 37    | 18:22 | 46  | Maria      | Heslop           | W55      | 1       | Tonbridge AC          |
| 38    | 18:22 | 77  | Zoe        | Oldfield         | W45      | 2       | EMAC                  |
| 39    | 18:25 | 92  | Graeme     | Saker            | M60      | 3       | SCVAC                 |
| 40    | 18:39 | 79  | Mark       | Pitcairn-Knowles | M55      | 4       | SCVAC                 |
| 41    | 18:50 | 144 | Ginevra    | Stoneley         | W45      | 3       | VAC                   |
| 42    | 18:57 | 54  | Michael    | Jones            | M55      | 5       | Welsh Masters         |
| 43    | 18:59 | 39  | Tim        | Grose            | M55      | 6       | VAC                   |
| 44    | 19:01 | 65  | Dj         | Mac Donnell      | M50      | 8       | Iford AC              |
| 45    | 19:17 | 41  | Matthew    | Hales            | M40      | 16      |                       |
| 46    | 19:21 | 11  | Andy       | Bowen            | M55      | 7       | VAC                   |
| 47    | 19:25 | 51  | Peter      | Johnson          | M55      | 8       | VAC                   |
| 48    | 19:26 | 87  | Peter      | Robertson        | M45      | 6       | VAC                   |
| 49    | 19:30 | 60  | Peter      | Lee              | M55      | 9       | VAC                   |
| 50    | 19:35 | 81  | Vaughan    | Ramsay           | M50      | 9       | VAC                   |
| 51    | 19:37 | 29  | Martin     | Daoud            | M60      | 4       | VAC                   |
| 52    | 19:48 | 64  | Nick       | Lyon             | M40      | 17      | Rothwell Harriers     |

|     |       |     |             |             |     |    |                      |
|-----|-------|-----|-------------|-------------|-----|----|----------------------|
| 53  | 19:57 | 73  | Robert      | Nagorski    | M60 | 5  | VAC                  |
| 54  | 20:00 | 89  | Ged         | Ruffle      | M70 | 1  | VAC                  |
| 55  | 20:03 | 85  | Charlie     | Richardson  | M40 | 18 | Tonbridge AC         |
| 56  | 20:05 | 74  | Clare       | Norris      | W45 | 4  | VAC                  |
| 57  | 20:13 | 42  | Peter       | Hall        | M65 | 1  | VAC                  |
| 58  | 20:20 | 50  | Philip      | James       | M50 | 10 | Horley harriers      |
| 59  | 20:25 | 3   | John        | Appleton    | M35 | 2  | St Helens Sutton     |
| 60  | 20:35 | 18  | Tom         | Cheetham    | M55 | 10 | VAC                  |
| 61  | 20:37 | 33  | Louise      | Faherty     | W45 | 5  | Highgate             |
| 62  | 20:38 | 21  | Liam        | Condon      | M55 | 11 | Belgrave             |
| 63  | 20:42 | 24  | Andrew      | Cornish     | M55 | 12 | VAC                  |
| 64  | 20:43 | 48  | Ruth        | Hutton      | W55 | 2  | VAC                  |
| 65  | 20:51 | 23  | Chloe       | Constantine | W50 | 2  | VAC                  |
| 66  | 20:54 | 164 | Lucy        | Woolhouse   | W60 | 1  | VAC                  |
| 67  | 20:56 | 167 | Peter       | Wootton     | M55 | 13 | VAC                  |
| 68  | 20:57 | 163 | Darren      | Woods       | M35 | 3  | SOC                  |
| 69  | 21:05 | 59  | Terry       | Lapins      | M35 | 4  | Croydon AC           |
| 70  | 21:19 | 17  | Darko       | Calina      | M55 | 14 | VAC                  |
| 71  | 21:37 | 94  | Paul        | Sanderson   | M65 | 2  | VAC                  |
| 72  | 21:42 | 16  | Ian         | Butler      | M60 | 6  | Thames Hare & Hounds |
| 73  | 21:56 | 43  | David       | Hamed       | M60 | 7  | Blackwater Valley    |
| 74  | 22:16 | 36  | Peter       | Giles       | M75 | 1  | VAC                  |
| 75  | 22:18 | 143 | Richard     | Stansfield  | M55 | 15 | VAC                  |
| 76  | 22:23 | 146 | Julia Chi   | Taylor      | W60 | 2  | VAC                  |
| 77  | 22:30 | 97  | Catkin      | Shelley     | W55 | 3  | VAC                  |
| 78  | 22:44 | 61  | Christopher | Lee         | M60 | 8  | VAC                  |
| 79  | 22:53 | 63  | Zoe         | Lynam       | W45 | 6  | VAC                  |
| 80  | 23:05 | 40  | Jay         | Hadfield    | W50 | 3  | VAC                  |
| 81  | 23:07 | 45  | Caroline    | Helder      | W60 | 3  | VAC                  |
| 82  | 23:28 | 66  | Michael     | Mann        | M75 | 2  | VAC                  |
| 83  | 23:31 | 67  | Ian         | McCarthy    | M65 | 3  | VAC                  |
| 84  | 23:35 | 162 | Lynn        | Wilson      | W65 | 1  | VAC                  |
| 85  | 23:42 | 154 | Clive       | Walker      | M65 | 4  | VAC                  |
| 86  | 23:52 | 68  | Emily       | McGovern    | W35 | 2  | London City Runners  |
| 87  | 24:08 | 165 | Hugh        | Woolhouse   | M60 | 9  |                      |
| 88  | 24:15 | 71  | Tom         | Morris      | M65 | 5  | VAC                  |
| 89  | 24:28 | 86  | Avril       | Riddell     | W65 | 2  | VAC                  |
| 90  | 24:28 | 20  | Cliff       | Cole        | M65 | 6  | VAC                  |
| 91  | 24:55 | 55  | Carol       | Jones       | W65 | 3  | VAC                  |
| 92  | 25:08 | 7   | Vera        | Blei        | W50 | 4  | VAC                  |
| 93  | 25:25 | 148 | Patricia    | Thomas      | W55 | 4  | VAC                  |
| 94  | 25:50 | 184 | Roger       | Green       | M75 | 3  | VAC                  |
| 95  | 25:54 | 185 | Martin      | Allchin     | M60 | 10 | Road Runners Club    |
| 96  | 25:59 | 15  | Gary        | Budinger    | M60 | 11 | VAC                  |
| 97  | 26:18 | 93  | Karen       | Samuel      | W60 | 4  | VAC                  |
| 98  | 27:28 | 52  | Michael     | Johnson     | M80 | 1  | VAC                  |
| 99  | 28:47 | 32  | Penny       | Elliott     | W80 | 1  | VAC                  |
| 100 | 31:09 | 88  | Annie       | Ross        | W70 | 1  | VAC                  |
| 101 | 37:32 | 151 | Peter       | Torre       | M80 | 2  | VAC                  |