

## VAC 5,000m Masters Track Championships, Millennium Arena, 26 June 2024

### Race 1

Place	Time	Bib	First Name	Last Name	Category	Club
1	21:12.82	31	Peter	Hall	M65	Veterans AC
2	22:03.15	47	Ian	Kitching	M70	Veterans AC
3	22:54.37	81	Ella	Waddingham	W40	Wimbledon Windmilers
4	23:19.79	49	Christopher	Lee	M65	Veterans AC
5	23:21.76	34	Caroline	Helder	W60	Veterans AC
6	23:39.61	26	Anna	Garnier	W65	Veterans AC
7	23:57.78	87	Colin	Williams	M60	Watford Joggers
8	24:01.99	53	Michael	Mann	M75	Veterans AC
9	24:03.88	82	Margaret	Wadman	W60	Veterans AC
10	25:28.52	62	Tom	Morris	M65	Veterans AC
11	25:50.73	69	Val	Purnell	W60	Veterans AC
12	26:18.22	83	Clive	Walker	M65	Veterans AC
13	27:09.52	75	Karen	Samuel	W60	Veterans AC
14	29:54.83	41	Michael	Johnson	M80	Veterans AC

### Race 2

Place	Time	Bib	First Name	Last Name	Category	Team Name
1	18:40.70	1	James	Adams	M40	Veterans AC
2	18:53.81	80	David	Thomas	M40	
3	19:25.04	3	Dean	Angell	M60	Veterans AC
4	19:25.20	11	Bob	Bradbury	M70	SCVAC
5	19:26.22	35	Nigel	Herron	M60	Veterans AC
6	19:26.89	74	Peter	Robertson	M45	Veterans AC
7	19:44.11	94	Robert	Wakefield	M40	Aldershot Farnham & D
8	19:48.03	33	Lucy	Hancock	W40	Clapham Chasers
9	20:09.69	40	Peter	Johnson	M60	Veterans AC
10	20:16.86	93	Charles	Hampden-Smith	M60	Veterans AC
11	20:32.86	21	Jason	Drake	M60	Veterans AC
12	20:35.70	14	Simon	Cox	M65	Veterans AC
13	20:52.45	66	Helen	Pool	W50	Veterans AC
14	20:54.18	64	Pete	O'Connell	M60	Veterans AC
15	21:03.12	71	Neil	Rae	M50	Ranelagh Harriers
16	21:06.94	92	Lucy	Woolhouse	W60	Veterans AC
17	21:28.23	58	Paul	Mccrone	M55	Veterans AC

### Race 3

Place	Time	Bib	First Name	Last Name	Category	Team Name
1	17:32.43	17	Mark	Cursons	M60	Veterans AC
2	17:33.91	5	Rich	Berry	M45	Veterans AC
3	17:59.07	13	John	Burnett	M45	Veterans AC
4	18:03.34	68	Hannah	Pullen	W35	
5	18:04.95	12	Harry	Brown	M35	SCVAC
6	18:12.24	61	Jonathan	Moore	M55	Veterans AC
7	18:19.09	84	Adam	Whitmee	M35	
8	18:19.64	25	Jeremy	Garner	M50	Veterans AC
9	18:36.08	44	Andy	Jordan	M60	Veterans AC
10	18:41.05	46	Jonathan	Kempson	M60	Eynsham Road Runners
11	18:47.14	2	Felix	Allen	M50	Veterans AC
12	18:50.86	10	Terry	Booth	M55	Veterans AC
13	18:55.60	88	David	Williams	M60	Veterans AC
14	18:57.73	54	Adam	May	M40	Veterans AC
15	18:59.25	90	Martin	Winch	M50	Veterans AC
16	19:15.55	48	Peter	Lee	M55	Veterans AC
17	19:32.80	77	William	Stenning	M55	Woking AC

### Race 4

Place	Time	Bib	First Name	Last Name	Category	Team Name
1	15:42.52	51	Chris	Loudon	M35	Veterans AC
2	15:54.58	38	John	Hutchins	M40	Woking AC
3	15:55.01	15	Mike	Cummings	M35	Veterans AC
4	15:56.39	16	Jeff	Cunningham	M40	Herne Hill Harriers
5	16:02.16	50	Victor	Lio	M35	Serpentine RC
6	16:05.10	4	Roman	Banias	M35	Veterans AC
7	16:05.58	65	Ben	Paviour	M50	Veterans AC
8	16:34.63	78	Julien	Tadeusz	M35	Clapham Chasers
9	16:34.97	6	Nicolas	Besson	M40	Serpentine RC
10	16:38.48	60	Ben	Millar	M45	Herne Hill Harriers
11	16:44.84	28	Ben	Goddard	M35	Veterans AC
12	16:47.08	89	James	Wilson	M45	Veterans AC
13	16:53.28	86	Adrian	Whitwam	M45	Morpeth Harriers
14	16:57.17	8	James	Blogg	M45	Veterans AC
15	17:19.88	42	Sebastian	Jones	M35	Clapham Chasers
16	17:27.11	19	Eric	Dol	M35	Veterans AC
17	17:35.78	36	Sean	Holohan	M35	Clapham Chasers
18	17:48.61	59	Stephen	Mcleod	M35	Herne Hill Harriers
19	18:02.99	63	Christoph	Neumayer	M40	Clapham Chasers
20	18:10.99	30	Adrian	Haines	M55	Veterans AC
21	18:18.49	32	Carl	Hamill	M35	Clapham Chasers