

VAC 5Km Road Championships, Battersea Park, 4 June 2024

Place	Bib	Name	Time	Age Group	Age Gp Pos	VAC Medal	Open Medal	Club
1	52	Tom Hollis	16:26	M35	1		Gold	Lonely Goat RC
2	75	Ben Millar	16:42	M45	1		Gold	Herne Hill Harriers
3	81	Jamie Philip	16:44	M45	2		Silver	Sevenoaks AC
4	35	John Franklin	16:52	M35	2		Silver	Herne Hill Harriers
5	82	Pierre Philippon	17:04	M40	1		Gold	Serpentine RC
6	10	James Blogg	17:11	M45	3		Bronze	Havering AC
7	42	Denis Gorman	17:16	M45	4			NIMAA
8	41	Joseph Gonzalez-Armas	17:18	M55	1	Gold		Veterans AC
9	119	Richard Tomlinson	17:22	M55	2	Silver		Veterans AC
10	18	Paul Calver	17:29	M40	2		Silver	Herne Hill Harriers
11	49	Mark Head	17:32	M40	3		Bronze	Tring RC
12	149	Paul Fanti	17:35	M50	1		Gold	Sevenoaks AC
13	88	Jonathan Ratcliffe	17:38	M55	3		Bronze	SCVAC
14	7	Nick Barker	17:46	M40	4			Loughton AC
15	45	Adrian Haines	17:50	M55	4	Bronze		Veterans AC
16	23	Steve Corfield	17:57	M60	1	Gold		Veterans AC
17	61	Pete Jewell	18:01	M60	2	Silver		Veterans AC
18	77	Jonathan Moore	18:03	M55	5			Veterans AC
19	48	Karima Harris	18:06	W50	1	Gold		Veterans AC
20	86	Matthieu Prevot	18:09	M45	5			Serpentine RC
21	123	Andy Waterman	18:12	M40	5			Tower Hamlets AC
22	125	Joseph Wilkes	18:14	M45	6	Gold		Veterans AC
23	155	Stephen Watts	18:17	M45	7			Kent AC
24	79	Graeme Moyses	18:18	M60	3	Bronze		Veterans AC
25	51	Maria Heslop	18:19	W55	1		Gold	SCVAC
26	126	David Williams	18:22	M60	4			Veterans AC
27	72	Rebecca Luxton	18:27	W40	1		Gold	Eastern Masters AC
28	3	Felix Allen	18:32	M50	2	Gold		Veterans AC
29	91	Steve Roberts	18:36	M55	6			Welsh Masters Athletics Ltd
30	83	Mark Pitcairn-Knowles	18:37	M55	7			SCVAC
31	64	Andy Jordan	18:38	M60	5			Veterans AC
32	131	Paul Woolley	18:39	M50	3	Silver		Veterans AC
33	120	Julie Triou	18:39	W40	2		Silver	Ealing Southall & Mid. AC
34	25	Andrew Davies	18:40	M50	4	Bronze		Veterans AC
35	96	Tim Sharp	18:45	M45	8	Silver		Veterans AC
36	12	Terry Booth	18:48	M55	8			Veterans AC
37	127	Martin Winch	18:51	M50	5			Veterans AC
38	76	Stephen Monaghan	18:52	M50	6			London Heathside
39	30	John Ewbank	18:54	M55	9			Veterans AC
40	67	Peter Lee	18:56	M55	10			Veterans AC
41	36	Gina Galbraith	19:02	W45	1	Gold		Veterans AC
42	148	Jennifer Armson	19:02	W40	3	Gold		Veterans AC
43	99	Ginevra Stoneley	19:22	W45	2	Silver		Veterans AC
44	92	Peter Robertson	19:23	M45	9	Bronze		Veterans AC
45	90	Charlie Richardson	19:27	M40	6			Tonbridge AC
46	31	Robert Ferguson	19:29	M40	7			Thames Valley Harriers
47	24	Martin Daoud	19:30	M60	6			Veterans AC
48	13	Mark Boulton	19:33	M40	8			Tower Hamlets AC
49	100	Michael Thomson	19:36	M55	11			Tonbridge AC
50	93	David Rowe	19:39	M65	1	Gold		Veterans AC
51	60	Alex Jeffreys	19:41	M45	10			Veterans AC

52	85	Helen Pool	19:43	W50	2	Silver		Veterans AC
53	47	Charles Hampden-Smith	19:50	M60	7			Veterans AC
54	59	Derek Jee	20:06	M50	7			Tonbridge AC
55	94	Ged Ruffle	20:17	M70	1	Gold		Veterans AC
56	46	Peter Hall	20:30	M65	2	Silver		Veterans AC
57	15	Ian Budge	20:33	M60	8			Eastern Masters AC
58	11	Stewart Bond	20:34	M55	12			Veterans AC
59	87	Vaughan Ramsay	20:36	M50	8			Veterans AC
60	33	Mike Forder	20:40	M70	2	Silver		Veterans AC
61	21	Tom Cheetham	20:43	M55	13			Veterans AC
62	34	John Foss	20:56	M65	3	Bronze		Veterans AC
63	32	Vikki Filsell	21:11	W55	2	Gold		Veterans AC
64	57	Lara James	21:12	W45	3	Bronze		Veterans AC
65	129	Darren Woods	21:15	M35	3	Gold		Veterans AC
66	66	Ian Kitching	22:01	M70	3	Bronze		Veterans AC
67	124	Nadia Whittaker	22:02	W50	3		Bronze	TVH
68	53	Tracey Horne	22:23	W55	3	Silver		Veterans AC
69	54	Mark Horne	22:29	M55	14			Veterans AC
70	151	Terry Lapins	22:38	M35	4			Croydon Harriers
71	152	Glen Morgan	22:46	M60	9			Veterans AC
72	97	Scott Shurmer	22:52	M50	9			SCVAC
73	50	Caroline Helder	22:54	W60	1	Gold		Veterans AC
74	73	Michael Mann	23:21	M75	1	Gold		Veterans AC
75	68	Christopher Lee	23:33	M65	4			Veterans AC
76	156	Colin Williams	23:44	M60	10			Watford Joggers
77	121	Clive Walker	23:53	M65	5			Veterans AC
78	98	Mark Standing	23:58	M55	15			Herne Hill Harriers
79	6	Nicky Atkins	24:00	W60	2	Silver		Veterans AC
80	65	Piers Keenleyside	24:23	M65	6			Ealing Eagles RC
81	4	Elizabeth Aryeetey	24:25	W60	3	Bronze		Veterans AC
82	153	Jeff Prestridge	24:28	M65	7			Veterans AC
83	157	Charles Leonard	24:30	M50	10			Veterans AC
84	22	Cliff Cole	24:38	M65	8			Veterans AC
85	130	Hugh Woolhouse	24:54	M60	11			Veterans AC
86	28	Martin Evans	25:03	M70	4			Veterans AC
87	29	Micah Evans	25:03	M40	9	Gold		Veterans AC
88	14	Georgina Bristow	25:07	W45	4			Thames Valley Harriers
89	16	Gary Budinger	26:32	M60	12			Veterans AC
90	39	Jane Georghiou	26:39	W70	1	Gold		Veterans AC
91	95	Karen Samuel	26:50	W60	4			Veterans AC
92	2	Sarah Allen	26:51	W60	5			Veterans AC
93	80	Kenneth Mukasa	27:14	M35	5	Silver		Veterans AC
94	89	Marion Rayner	27:40	W70	2	Silver		Veterans AC
95	19	John Carter	28:25	M80	1	Gold		Veterans AC
96	74	Dan Maskell	28:36	M75	2	Silver		Veterans AC
97	62	Michael Johnson	29:11	M80	2	Silver		Veterans AC
98	70	Anne Lippitt	30:14	W65	1	Gold		Veterans AC
99	71	Martin Lippitt	33:25	M70	5			Veterans AC
100	150	Nigel Goodwin	35:05	M70	6			Herne Hill Harriers
101	5	Joe Aspinall	36:30	M85	1	Gold		Veterans AC
102	146	Peter Torre	43:38	M80	3	Bronze		Veterans AC