

VAC 10,000m Championships, Millennium Arena, Battersea Park, 10 September 2025

Combined Results and Medallists

Place	Bib	First Name	Last Name	Time	Category	VAC Medal	Open Medal	Team Name
1	66	Julien	Tadeusz	34:14.7	M35		Gold	Clapham Chasers
2	6	Terry	Booth	34:20.4	M55	Gold		Veterans AC
3	48	Andrew	McCarron	34:26.9	M50		Gold	Queen's Park Harriers
4	30	Bruce	Harrold	34:52.0	M45		Gold	South London Harriers
5	40	Jani	Kraner	35:12.2	M40	Gold		Veterans AC
6	53	Craig	Norris	35:14.9	M40		Silver	Victoria Park Harriers and TH AC
7	42	David	Lipscomb	35:20.7	M45		Silver	Epsom & Ewell Harriers
8	13	Robbie	Cox	35:50.5	M40		Bronze	Woking Athletic Club
9	26	Ben	Goddard	35:52.0	M40	Silver		Veterans AC
10	65	Jamie	Sullivan	37:30.0	M40			Ealing Eagles Running Club
11	68	Mark	Tennyson	37:40.0	M60	Gold		Veterans AC
12	14	Richard	Davidson	37:59.1	M45		Bronze	South West Veterans AC
13	31	William	Hartley	38:16.2	M40			Woking Athletic Club
14	80	Pete	Woodward	38:19.3	M40			Crowborough Runners
15	50	Chris	Morgan	38:38.5	M45			Brighton Phoenix
16	23	Richard	Giles	38:46.5	M45			Kent AC
17	19	Clare	Elms	38:46.9	W60	Gold		Veterans AC
18	47	Oliver	Mason	38:50.7	M40			Eastern Masters Athletics Club
19	46	Paul	Manson	38:59.9	M40			Woodford Green AC with EL
20	25	Christian	Glencross	39:15.1	M50		Silver	Epsom & Ewell Harriers
21	34	Nadi	Jahangiri	40:49.3	M60	Silver		Veterans AC
22	2	Madeleine	Armstrong-Plieth	41:04.4	W45	Gold		Veterans AC
23	56	Russell	Pearson	41:06.8	M40			Clapham Chasers
24	32	Aoife	Hegarty	41:11.1	W40		Gold	Clapham Chasers
25	38	Brian	Jones	41:48.2	M65		Gold	Eastern Masters Athletics Club
26	52	Alan	Nesbit	41:52.6	M65		Silver	Reading Roadrunners
27	37	Peter	Johnson	41:57.2	M60	Bronze		Veterans AC
28	17	Chris	Dyke	41:57.5	M40			Crystal Palace Fun Runners
29	54	Clare	Norris	42:14.1	W45	Silver		Veterans AC
30	16	Fergal	Donnelly	42:14.6	M50	Gold		Veterans AC
31	73	Jack	Wearne	43:33.0	M45	Gold		Veterans AC
32	79	Darren	Woods	43:36.9	M35	Gold		Veterans AC
33	18	Matt	Edey	43:43.2	M50			Beverley Athletic Club
34	77	Christopher	Williams	44:46.1	M45			Clapham Chasers
35	10	Lynn	Chislett	45:21.0	W60	Silver		Veterans AC
36	41	Terry	Lapins	46:10.4	M35		Bronze	Croydon Harriers
37	44	Pippa	Major	46:38.8	W60	Bronze		Veterans AC
38	76	Colin	Williams	47:08.6	M60			Veterans AC
39	63	Steve	Smythe	47:18.0	M65	Gold		Veterans AC
40	39	Tess	Killingbeck	47:19.6	W40		Silver	City of Norwich AC
41	7	Frank	Brennan	47:46.3	M75	Gold		Veterans AC
42	33	Caroline	Helder	47:52.9	W60			Veterans AC
43	1	William	Arbury	48:17.3	M60			Veterans AC
44	5	Matt	Blair	48:18.9	M40			Farnham Runners
45	64	Maggie	Statham-Berry	49:39.2	W70	Gold		Veterans AC
46	4	Fiona	Bishop	51:34.0	W65	Gold		Veterans AC
47	29	David	Greenfield	53:07.1	M65	Silver		Veterans AC
48	62	Karen	Samuel	54:47.8	W60			Southern Counties Veterans AC