

## VAC 10,000m Championships, Millennium Arena, Battersea Park, 10 September 2025

### RACE ONE

| Place | Bib | First Name  | Last Name     | Time    | Category | Team Name                     |
|-------|-----|-------------|---------------|---------|----------|-------------------------------|
| 1     | 16  | Fergal      | Donnelly      | 42:14.6 | M50      | Veterans AC                   |
| 2     | 18  | Matt        | Edey          | 43:43.2 | M50      | Beverley Athletic Club        |
| 3     | 77  | Christopher | Williams      | 44:46.1 | M45      | Clapham Chasers               |
| 4     | 10  | Lynn        | Chislett      | 45:21.0 | W60      | Veterans AC                   |
| 5     | 41  | Terry       | Lapins        | 46:10.4 | M35      | Croydon Harriers              |
| 6     | 44  | Pippa       | Major         | 46:38.8 | W60      | Veterans AC                   |
| 7     | 76  | Colin       | Williams      | 47:08.6 | M60      | Veterans AC                   |
| 8     | 63  | Steve       | Smythe        | 47:18.0 | M65      | Veterans AC                   |
| 9     | 39  | Tess        | Killingbeck   | 47:19.6 | W40      | City of Norwich AC            |
| 10    | 7   | Frank       | Brennan       | 47:46.3 | M75      | Veterans AC                   |
| 11    | 33  | Caroline    | Helder        | 47:52.9 | W60      | Veterans AC                   |
| 12    | 1   | William     | Arbury        | 48:17.3 | M60      | Veterans AC                   |
| 13    | 5   | Matt        | Blair         | 48:18.9 | M40      | Farnham Runners               |
| 14    | 64  | Maggie      | Statham-Berry | 49:39.2 | W70      | Veterans AC                   |
| 15    | 4   | Fiona       | Bishop        | 51:34.0 | W65      | Veterans AC                   |
| 16    | 29  | David       | Greenfield    | 53:07.1 | M65      | Veterans AC                   |
| 17    | 62  | Karen       | Samuel        | 54:47.8 | W60      | Southern Counties Veterans AC |

### RACE TWO

| Place | Bib | First Name | Last Name        | Time    | Category | Team Name                      |
|-------|-----|------------|------------------|---------|----------|--------------------------------|
| 1     | 40  | Jani       | Kraner           | 35:12.2 | M40      | Veterans AC                    |
| 2     | 14  | Richard    | Davidson         | 37:59.1 | M45      | South West Veterans AC         |
| 3     | 31  | William    | Hartley          | 38:16.2 | M40      | Woking Athletic Club           |
| 4     | 80  | Pete       | Woodward         | 38:19.3 | M40      | Crowborough Runners            |
| 5     | 50  | Chris      | Morgan           | 38:38.5 | M45      | Brighton Phoenix               |
| 6     | 23  | Richard    | Giles            | 38:46.5 | M45      | Kent AC                        |
| 7     | 19  | Clare      | Elms             | 38:46.9 | W60      | Veterans AC                    |
| 8     | 47  | Oliver     | Mason            | 38:50.7 | M40      | Eastern Masters Athletics Club |
| 9     | 34  | Nadi       | Jahangiri        | 40:49.3 | M60      | Veterans AC                    |
| 10    | 2   | Madeleine  | Armstrong-Plieth | 41:04.4 | W45      | Veterans AC                    |
| 11    | 56  | Russell    | Pearson          | 41:06.8 | M40      | Clapham Chasers                |
| 12    | 32  | Aoife      | Hegarty          | 41:11.1 | W40      | Clapham Chasers                |
| 13    | 38  | Brian      | Jones            | 41:48.2 | M65      | Eastern Masters Athletics Club |
| 14    | 52  | Alan       | Nesbit           | 41:52.6 | M65      | Reading Roadrunners            |
| 15    | 37  | Peter      | Johnson          | 41:57.2 | M60      | Veterans AC                    |
| 16    | 17  | Chris      | Dyke             | 41:57.5 | M40      | Crystal Palace Fun Runners     |
| 17    | 54  | Clare      | Norris           | 42:14.1 | W45      | Veterans AC                    |
| 18    | 73  | Jack       | Wearne           | 43:33.0 | M45      | Veterans AC                    |
| 19    | 79  | Darren     | Woods            | 43:36.9 | M35      | Veterans AC                    |

### RACE THREE

| Place | Bib | First Name | Last Name | Time    | Category | Team Name                        |
|-------|-----|------------|-----------|---------|----------|----------------------------------|
| 1     | 66  | Julien     | Tadeusz   | 34:14.7 | M35      | Clapham Chasers                  |
| 2     | 6   | Terry      | Booth     | 34:20.4 | M55      | Veterans AC                      |
| 3     | 48  | Andrew     | McCarron  | 34:26.9 | M50      | Queen's Park Harriers            |
| 4     | 30  | Bruce      | Harrold   | 34:52.0 | M45      | South London Harriers            |
| 5     | 53  | Craig      | Norris    | 35:14.9 | M40      | Victoria Park Harriers and TH AC |
| 6     | 42  | David      | Lipscomb  | 35:20.7 | M45      | Epsom & Ewell Harriers           |
| 7     | 13  | Robbie     | Cox       | 35:50.5 | M40      | Woking Athletic Club             |
| 8     | 26  | Ben        | Goddard   | 35:52.0 | M40      | Veterans AC                      |
| 9     | 65  | Jamie      | Sullivan  | 37:30.0 | M40      | Ealing Eagles Running Club       |
| 10    | 68  | Mark       | Tennyson  | 37:40.0 | M60      | Veterans AC                      |
| 11    | 46  | Paul       | Manson    | 38:59.9 | M40      | Woodford Green AC with EL        |
| 12    | 25  | Christian  | Glencross | 39:15.1 | M50      | Epsom & Ewell Harriers           |