

East Surrey League, Lloyd Park, 7 October 2023**Individual Adults - 8km (Team Results are shown after the table)**

Position	No	Athlete	Club	Age Group	Time	ESL Pts
1	157	Ben Whyte	Croydon	SM	28:37	1
2	535	Jani Kraner	VAC	M40	29:24	2
3	33	Tatsuya Okamoto	Striders of Croydon	M40	29:44	3
4	294	Tom Seller	Lingfield	SM	29:54	4
5	143	Douglas Aikman	Croydon	U20M	30:03	5
6	150	Scott Miller	Croydon	SM	30:35	6
7	386	Scott Morrison	Herne Hill	SM	30:56	7
8	538	Mark Tennyson	VAC	M55	31:11	8
9	713	John Foley	VAC	M55	31:15	9
10	383	Nikki Sturzakar	Herne Hill	W50	31:54	1
11	388	Stephen McLeod	Herne Hill	SM	31:58	10
12	89	Rob Lines	Striders of Croydon	M50	32:09	11
13	381	Jonathan Ratcliffe	Herne Hill	M55	32:36	12
14	156	David Brown	Croydon	SM	32:40	13
15	394	Christian Glencross	Epsom & Ewell	M50	32:48	14
16	94	Tom Gillespie	Striders of Croydon	M50	32:58	15
17	539	Terry Booth	VAC	M55	33:24	16
18	32	Andy Perks	Striders of Croydon	M50	33:40	17
19	1057	Chris Ness	VAC	M50	33:42	18
20	149	Freddie Harding	Croydon	SM	33:53	19
21	148	Mike Smalley	Croydon	SM	34:19	20
22	385	Shannon Sinclair	Herne Hill	SW	34:20	2
23	1056	Alex Baird	VAC	W40	34:49	3
24	155	James Moore	Croydon	M50	34:54	21
25	384	James Daley	Herne Hill	SM	34:58	22
26	159	Abdul Rahmaan Samad	Croydon	SM	35:00	23
27	160	Ashley George	Croydon	SM	35:04	24
28	390	Anabelle Acres	Herne Hill	SW	35:06	4
29	93	Karim Suruliz	Striders of Croydon	M40	35:07	25
30	387	Sopie Kinirons	Herne Hill	SW	35:09	5
31	397	Simon Evans	Epsom & Ewell	M50	35:35	26
32	284	Sally Alexander	Lingfield	W50	35:49	6
33	536	Clive Rolfe	VAC	M45	36:07	27
34	158	Marcos Palomares-Conde	Croydon	M50	36:12	28
35	72	Jason Gallagher	Striders of Croydon	SM	36:13	29
36	1055	Victoria Carter	VAC	W50	36:23	7
37	133	Madeleine Armstrong-Plieth	Croydon	W40	36:35	8
38	393	Sophie Glencross	Epsom & Ewell	U20W	36:59	9
39	163	Chris Dyke	Croydon	M40	37:15	30
40	364	Chris Penfold	Collingwood	M50	37:20	31
41	71	Chris Green	Striders of Croydon	M55	37:25	32
42	175	Andy Del Nevo	Croydon	M55	37:53	33
43	398	Helen Maguire	Epsom & Ewell	W45	38:01	10
44	540	Hugh Balfour	VAC	M65	38:06	34
45	380	Richard Stansfield	Herne Hill	M55	38:08	35
46	382	Daisy Black	Herne Hill	SW	38:17	11
47	154	Colin Oxlade	Croydon	M60	38:20	36
48	84	John Dean	Striders of Croydon	M65	38:27	37
49	162	Will Lyon Tupman	Croydon	SM	38:57	38
50	295	James Kilfiger	Lingfield	M50	39:01	39

51	144	Neil Aikman	Croydon	M50	39:11	40
52	82	Kara Boaks	Striders of Croydon	W35	39:32	12
53	69	Stephen Siu	Striders of Croydon	M40	40:04	41
54	392	Bill Arbury	Epsom & Ewell	M55	40:26	42
55	378	Tony Harran	Herne Hill	M60	40:32	43
56	537	Glen Morgan	VAC	M60	40:43	44
57	164	Rush Yadave	Croydon	M65	41:21	45
58	289	Ian Greenaway	Lingfield	M50	41:42	46
59	285	Natalie Mitchell	Lingfield	W50	41:46	13
60	362	Martin Lloyd	Collingwood	M60	42:28	47
61	90	Fiona Carr	Striders of Croydon	W35	42:46	14
62	379	Jessica Winfield	Herne Hill	SW	42:59	15
63	389	Stuart Morrison	Herne Hill	M50	44:00	48
64	286	Keith Chambers	Lingfield	M60	44:12	49
65	134	Sunanda Sarker-Bell	Croydon	W55	44:44	16
66	290	Ian Watkins	Lingfield	M60	45:15	50
67	288	Maggie Statham-Berry	Lingfield	W70	45:32	17
68	283	Laura Stockwood	Lingfield	W40	45:55	18
69	395	Gareth George	Epsom & Ewell	M50	46:03	51
70	297	Scott McDonald	Lingfield	M50	47:00	52
71	396	Julie Houghton	Epsom & Ewell	W55	47:00	19
72	165	Josh Bakare	Croydon	SM	47:14	53
73	1054	Martin Evans	VAC	M70	48:04	54
74	293	David Nottidge	Lingfield	M60	49:01	55
75	291	Katie Cahil-Smith	Lingfield	W50	49:24	20
76	151	Peter Howes	Croydon	M65	49:48	56
77	292	Liz McLennan	Lingfield	W40	49:57	21
78	67	Ruth Pearson	Striders of Croydon	W50	50:40	22
79	1058	David Hinds	VAC	M70	51:29	57
80	377	Sarah Allen	Herne Hill	W60	51:34	23
81	1052	Dan Maskell	VAC	M75	54:32	58

		Men's Team	1	2	3	4	Total
1	Croydon		1	5	6	13	25
2	VAC		2	8	9	16	35
3	Striders of Croydon		3	11	15	17	46
4	Herne Hill		7	10	12	22	51
5	Epsom & Ewell		14	26	42	51	133
6	Lingfield		4	39	46	49	138
	Collingwood		31	47			78

		Women's Team	1	2	3	4	Total
1	Herne Hill		1	2	4	5	12
2	Lingfield		6	13	17	18	54
	Epsom & Ewell		9	10	19		38
	Striders of Croydon		12	14	22		48
	VAC		3	7			10
	Croydon		8	16			24