

East Surrey League XC Race, Lloyd Park, 30 September 2017

5 miles adults race

Position	No	Athlete	Club	Age Group	Time	Position	Team (Men) Results	1	2	3	4	Total
1	176	Ricky Lutakome	Sutton & District	U20M	26:56	1	Epsom and Ewell	4	7	10	14	35
2	471	Johnathon Cornish	Hercules Wimbledon	SM	27:09	2	Herne Hill	5	8	16	17	46
3	175	James Hancock	Sutton & District	SM	27:50	3	Striders of Croydon	6	13	15	19	53
4	91	Ollie Garrod	Epsom and Ewell	SM	28:18	4	Hercules Wimbledon	2	11	25	31	69
5	280	Andy Weir	Herne Hill	M50	28:32	5	Sutton & District	1	3	30	46	80
6	363	Bill Makuwa	Striders of Croydon	M40	29:45	6	Epsom and Ewell B	21	22	28	29	100
7	87	Dave Holloway	Epsom and Ewell	SM	29:48	7	Collingwood	20	23	43	48	134
8	274	Gary Ironmonger	Herne Hill	M50	30:06	8	Striders of Croydon B	26	35	37	39	137
9	476	Dan Oppe	Lingfield	SM	30:39	9	Croydon	27	34	38	52	151
10	97	Rob Feline	Epsom and Ewell	M35	30:41	10	Herne Hill B	18	41	45	60	164
11	1434	David Lewin	Hercules Wimbledon	SM	30:42	11	Lingfield	9	51	59	61	180
12	442	Michael Ussher	Vets Ac	M50	30:49	12	Striders of Croydon C	42	44	49	50	185
13	352	Rob Lines	Striders of Croydon	M40	30:53	13	Vets AC	12	24	77	77	190
14	84	Steve Winder	Epsom and Ewell	M40	30:58	14	Epsom and Ewell C	32	36	47	77	192
15	362	Lee Flanagan	Striders of Croydon	M40	31:12	15	Hercules Wimbledon B	33	40	55	77	205
16	193	Ed Turner	Herne Hill	SM	31:20	16	Striders of Croydon D	53	56	58	63	230
17	270	Deron Fagan	Herne Hill	M40	31:35	17	Croydon B	54	57	70	74	255
18	275	Sam Knight	Herne Hill	SM	31:51	18	Lingfield B	64	65	66	68	263
19	348	Matt Stone	Striders of Croydon	M50	32:01	19	Striders of Croydon E	67	69	73	77	286
20	295	Mark Constantinou	Collingwood	M50	32:05	20	Herne Hill B	62	76	77	77	292
21	50	Stuart Fox	Epsom and Ewell	M40	32:12	21	Lingfield C	71	77	77	77	302
22	94	Chris Ryans	Epsom and Ewell	M35	32:24	22	Epsom and Ewell C	72	77	77	77	303
23	296	Anthony Constantinou	Collingwood	M50	32:33	23	Croydon C	75	77	77	77	306
24	441	Terry Booth	Vets Ac	M50	32:34							
25	457	Chris Coles	Hercules Wimbledon	SM	32:36	Position	Team (Women) Results	1	2	3	4	Total
26	350	Krzysztof Klidzia	Striders of Croydon	M50	32:42	1	Hercules Wimbledon	1	5	6	8	20
27	174	Dominique Corradi*	Sutton & District	U17W*	32:46	2	Herne Hill	4	9	21	26	60
28	424	Alan Burn	Croydon Harriers	M50	32:52	3	Striders of Croydon	12	15	16	19	62
29	92	Carel Du Plessis	Epsom and Ewell	M35	32:58	4	Hercules Wimbledon B	10	13	14	26	63
30	85	Peter Dunbar	Epsom and Ewell	M40	33:02	5	Epsom and Ewell	2	11	26	26	65
31	177	Nick Hancock	Sutton & District	M50	33:05	6	Collingwood	3	25	26	26	80
32	462	Simon Woodley	Hercules Wimbledon	M40	33:08	7	Sutton and District	7	26	26	26	85
33	90	Matt Houghton	Epsom and Ewell	U20M	33:09	8	Lingfield	18	23	24	26	91
34	464	Knut Hegvold	Hercules Wimbledon	M50	33:10	9	Croydon	20	22	26	26	94
35	467	Liz Stavreski	Hercules Wimbledon	W40	33:23	10	Vets Ac	17	26	26	26	95
36	428	Colin Oxlade	Croydon Harriers	M55	33:29							
37	334	Andy Perks	Striders of Croydon	M40	33:32							
38	95	James Thomas	Epsom and Ewell	M40	33:36							
39	88	Diane Norman	Epsom and Ewell	W40	33:42	2						
40	142	Debbie Jackson	Collingwood	W45	33:51	3						
41	358	Simon Pannell	Striders of Croydon	M50	33:52							
42	437	Andy Del Nevo	Croydon Harriers	M50	33:56							
43	346	Darren Woods	Striders of Croydon	SM	34:15							
44	436	Adam Shew*	Croydon Harriers	U17M*	34:18							
45	451	Mark Livingstone	Hercules Wimbledon	M50	34:24							
46	279	Shannon Sinclair	Herne Hill	SW	34:32	4						
47	423	Neal Kesterton	Croydon Harriers	U17M*	34:44							
48	272	Andrew Simms	Herne Hill	M50	34:45							
49	468	Charlotte Glover	Hercules Wimbledon	U20W	34:48	5						
50	435	Soul Hallums	Croydon Harriers	U17M*	34:52							
51	349	Greg Williams	Striders of Croydon	SM	34:52							
52	450	Anne Hegvold	Hercules Wimbledon	W50	34:56	6						
53	178	Ellie Mason	Sutton & District	SW	35:02	7						
54	500	Andy Randall	Collingwood	M40	35:10							
55	373	Chris Morton	Striders of Croydon	M50	35:18							
56	492	James Ward	Herne Hill	M40	35:33							
57	179	Tom Keenan	Sutton & District	SM	35:34							
58	86	Bill Arbury	Epsom and Ewell	M50	35:37							
59	299	Keith Dunning	Collingwood	M50	35:45							
60	356	Julian Spencer-Wood	Striders of Croydon	M60	35:53							
61	347	Micky Wheeler	Striders of Croydon	M50	36:04							
62	478	Ian Greenway	Lingfield	M45	36:15							

63	438	Matthew Kiernan	Croydon Harriers	SM	36:16
64	375	Simon Webster	Striders of Croydon	SM	36:22
65	429	Neil Aikman	Croydon Harriers	M45	36:23
66	469	Lisa Thomas	Hercules Wimbledon	W50	36:25 8
67	276	Monica Grajek	Herne Hill	SW	36:51 9
68	452	Vicki Filsell	Hercules Wimbledon	W50	36:52 10
69	470	Gary Forde	Hercules Wimbledon	M50	36:53
70	360	Mick Turner	Striders of Croydon	M50	36:55
71	427	Murray Gordon	Croydon Harriers	SM	37:10
72	93	Aneta Ryans	Epsom and Ewell	SW	37:18 11
73	359	Joseph Ibe	Striders of Croydon	SM	37:42
74	475	Dave Watkins	Lingfield	M55	37:44
75	278	Duncan Rimmer	Herne Hill	M40	38:01
76	472	Richard Adams	Lingfield	SM	38:02
77	389	Steph Upton	Striders of Croydon	W45	38:14 12
78	466	Alison Purnell	Hercules Wimbledon	W55	38:32 13
79	271	Fabio Maroni	Herne Hill	M50	38:34
80	341	Sunjay Bhogal	Striders of Croydon	M40	38:38
81	481	Vernon Given	Lingfield	M45	38:49
82	1433	Monika Crouse	Hercules Wimbledon	W40	38:52 14
83	482	George English	Lingfield	M60	40:03
84	386	Selena Wong	Striders of Croydon	SW	40:29 15
85	477	Chris Rance	Lingfield	M45	40:42
86	361	Peter Johnson	Striders of Croydon	M50	40:47
87	473	Scott McDonald	Lingfield	M50	41:19
88	390	Nikki Javan	Striders of Croydon	SW	41:27 16
89	443	Nicky Atkins	Vets Ac	W50	41:48 17
90	354	Martin Gourlay	Striders of Croydon	M50	41:58
91	479	Nicky Pumford	Lingfield	W40	42:09 18
92	385	Jessica Polyd	Striders of Croydon	SW	42:16 19
93	430	Keith Brown	Croydon Harriers	M60	42:33
94	439	Miriam De Souza	Croydon Harriers	W40	42:42 20
95	480	Ian Watkins	Lingfield	M55	42:45
96	89	Gareth George	Epsom and Ewell	M40	43:10
97	353	Terence Buxton	Striders of Croydon	M50	44:18
98	426	Oliver Hosken	Croydon Harriers	SM	44:31
99	434	Peter Howes	Croydon Harriers	M60	44:51
100	277	Sarah Allen	Herne Hill	W50	45:12 21
101	425	Jules Williams	Croydon Harriers	W45	45:34 22
102	273	John Garber	Herne Hill	M75	47:13
103	474	Theresa Donohue	Lingfield	W50	47:45 23
104	96	Katrina Fidler	Epsom and Ewell	SW	48:22 24
105	288	Rosa Constantinou	Collingwood	W45	49:17 25