

VAC 5 Mile Road Race, Battersea Park, 15 May 2018

Grand Prix: Age Graded* Results for VAC Members

Age graded Position	May Age Graded %	May Race Position	May Race Time	Name	Age Group	First Claim Club
1	88.43	13	43:21	Penny Elliott	W75	Waverley Harriers
2	86.24	3	32:06	Ian Kitching	M65	SLH
3	83.59	4	32:48	Terry O'Neill	M65	Belgrave Harriers
4	81.61	1	28:06	Stuart Beaney	M40	Kent AC
5	81.13	10	37:59	Carol Jones	W60	Ealing Southall & Midd
6	79.12	5	32:58	Victoria Carter	W45	Thames Valley Harriers
7	77.20	9	37:56	Caroline Helder	W55	Wimbledon Windmilers
8	76.53	8	37:13	Mike Mann	M65	Dulwich Runners
9	76.08	2	30:52	Gavin Mackay	M45	Petts Wood Runners
10	71.28	17	55:18	Richard Pitcairn-Knowles	M85	Sevenoaks AC
11	71.06	6	35:18	Martin Daoud	M55	Ealing Southall & Midd
12	70.42	7	35:20	Lloyd Bevan	M50	Serpentine Runners
13	69.95	14	48:52	Joe Aspinall	M80	VAC
14	67.63	12	42:16	Sarah Allen	W50	Herne Hill Harriers
15	66.04	11	41:55	Ian Mursell	M65	VAC
16	55.96	15	53:31	Ed Bartlett	M70	VAC
17	54.56	16	55:03	Maria Ellis	W55	VAC

* Age grading based on actual age, using World Masters Athletics Road age-grading calculator 2015.