

**VAC 10k Road Championship, Richmond 10k, 26 June 2022**

<b>First Name</b>	<b>Last Name</b>	<b>Gender</b>	<b>Age group</b>	<b>Time</b>	<b>Medal</b>	<b>Club</b>
Simon	Baines	M	M50	32:53	Gold	Thames Hare & Hounds
Ben	Goddard	M	M35	33:31	Gold	Woking AC
Andy	Bond	M	M45	33:49	Gold	Dulwich Runners
Nick	Tearle	M	M45	35:19	Silver	Guildford & Godalming
Rich	Berry	M	M45	35:51	Bronze	West 4 Harriers
Robin	Jones	M	M45	36:01		Herne Hill Harriers
Joseph	Gonzalez-Armas	M	M50	36:08	Silver	26.2 RC
David	Ogden	M	M60	36:30	Gold	South London Harriers
Mark	Tennyson	M	M55	36:48	Gold	Guildford & Godalming
Graeme	Drysdale	M	M50	38:48	Bronze	Striders of Croydon
Anna	Critchlow	F	W50	39:03	Gold	West 4 Harriers
Ian	Lawson	M	M50	39:23		Chilton Harriers AC
Peter	Robertson	M	M40	39:27	Gold	West 4 Harriers
Andy	Bowen	M	M55	39:30	Silver	West 4 Harriers
Susan	McDonald	F	W55	39:49	Gold	South London Harriers
Martin	Daoud	M	M55	40:15	Bronze	Ealing Southall & Midd
Ginevra	Stoneley	F	W45	40:25	Gold	Reigate Priory AC
Madeleine	Armstrong-Plieth	F	W40	41:14	Gold	Croydon Harriers
Tom	Cheetham	M	M55	41:39		Hercules Wimbledon
John	Foss	M	M60	42:11	Silver	South London Harriers
Simon	Danciger	M	M55	42:27		Barnes Runners
Nigel	Burnell	M	M60	42:44	Bronze	VAC
Susanna	Harrison	F	W55	42:49	Silver	Guildford & Godalming
Stewart	Bond	M	M50	43:08		Hercules Wimbledon
Lynn	Chislett	F	W55	43:14	Bronze	VAC
Jacob	Armstrong-Plieth	M	M45	43:17		Croydon Harriers
Vaughan	Ramsay	M	M45	44:19		Ranelagh Harriers
Pippa	Major	F	W55	45:52		South London Harriers
Shun-Lai	Chan	F	W50	46:30	Silver	South London Harriers
Michele	Coe-O'Brien	F	W60	46:38	Gold	South London Harriers
Penny	Wilkins	F	W60	47:43	Silver	South London Harriers
Jo	Quantrill	F	W65	48:08	Gold	South London Harriers
Jim	Brown	M	M70	48:40	Gold	Woking AC
Jane	Rowden	F	W65	48:58	Silver	West 4 Harriers
Michael	Mann	M	M70	48:59	Silver	Dulwich Runners
Caroline	Helder	F	W60	49:20	Bronze	Wimbledon Windmilers
Gerald	Smith	M	M70	49:22	Bronze	Epsom & Ewell
Nichola	Atkins	F	W55	50:27		Kingston & Poly
Michael	Barrett	M	M65	51:40	Gold	Epsom Oddballs
Fiona	Bishop	F	W60	53:42		Woking AC
Maggie	Statham-Berry	F	W65	53:59	Bronze	Lingfield RC
Andy	Murray	M	M65	55:21	Silver	Dulwich Runners
Claire	Morgan	F	W60	55:26		Wimbledon Windmilers
Susan	Garner	F	W75	55:41	Gold	Lingfield RC
Ros	Tabor	F	W70	55:59	Gold	Dulwich Runners
Penny	Elliott	F	W75	57:47	Silver	Waverley Harriers
Keith	Brown	M	M65	58:11	Bronze	Croydon Harriers