

VAC Annual General Meeting

Monday 11 September 2023

Race Walking Secretary's Report 2022 – 2023

The VAC and Counties 10k track walk was held in October 2022. The entries were 18, an increase from 16 in 2021. Wai Tak Cheung was a guest from Stubbington Green Runners who gave an outstanding performance and not far behind our regular mens' winner Dave Annetts.

The Cecil Gittins Memorial Walks were held in June 2023. The paid entries were 26, an increase of 5 from 2022.

Battersea Park race walks. From April 2023, the series of four of our own races at Battersea Park were held, three of which were 5k and one 5 miles. The average paid entries increased slightly from eleven in 2022 to over fourteen per race, including some new to VAC events and new to the venue, and new to race walking. The Lester Cup, which is a points-based handicap trophy for this series, was won for the second year running by Maureen Noel who appeared in all four races. We are grateful to Carl Lawton for the calculations.

At the **Indoor Inter Area T&F Challenge** at Lee Valley in February 2023, John Arthur and Dave Annetts represented the men over 2k on the track. John achieved season's best in this strictly judged event, with Dave coming first in men's race with a personal best. The ladies were represented by Emma Dyos in an excellent 2nd place while Fiona Bishop scored well in 3rd place.

At the **Outdoor Inter Area T&F Challenge** at Nuneaton in August 2023, Fiona Bishop represented VAC in the 2k track walks, in between taking part in 4 other events.

In addition, Ian Richards and Fiona Bishop continued to represent VAC in **World Masters** events both indoors and outdoors.

We look forward to a full programme of events for the next 12 months with more participation from members.

David Hoben VAC

Race Walking Secretary

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