



HELP for HEROES

Support For Our Wounded

Mr David Hoben
Veterans Athletics Club
215 Turnpike Link
Croydon
CR0 5NW

25th June 2014

Dear Mr Hoben,

Thank you so much for your donation of £90.00 to Help for Heroes (H4H) from the Jack Fitzgerald Memorial Walks Tilgate Park, Crawley on 14/06/14. Your support is making a huge difference to the lives of some truly inspirational people.

Former Sergeant Mick Brennan, 34, is in the Combined Services Disabled Ski Team and was part of ParalympicsGB team at the Sochi Winter Paralympics 2014 in Russia. Mick was injured in a suicide bomb attack in November 2004 while serving in Iraq with the Royal Signals. He lost both legs above the knee and suffered a serious injury to his brain and, following the incident, spent 15 days in a coma.

He says: "Help for Heroes has been there every step of the way helping me achieve my Paralympic dream and have the best quality of life possible. In 2011 the charity launched the Quick Reaction Fund and paid £27,000 for the necessary work to make my home accessible to me at last. In 2012 H4H supplied me with a new sit-ski".


"I've also spent time at the Help for Heroes, Tedworth House, Recovery Centre, using the world-class adaptive sports facilities. I've been out of the military environment for ten years so it's been brilliant being back amongst the guys".

"I want to thank everyone who has fundraised for H4H – you really have helped to change my life for the better."

H4H wants to be there to support Mick, and heroes like him, for the rest of their lives, but we can't do it without you.

Thank you SO much for your support,

Yours sincerely,

 Bryn & Emma
Co-Founders - Help for Heroes

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