

VAC 10,000m Championships: 19 September 2018

Race One

Place	Bib	Time	First name	Last name	Masters' club	Club	Age Group	VAC Medal	BMAF Medal	CatPos
1	1	31:54.74	Richard	McDowell	VAC	Hercules Wimbledon AC	M35	Gold		M-1
2	6	33:37.66	Ben	Paviour	VAC	Herne Hill Harriers	M45	Gold		M-1
3	3	34:17.46	Steve	Woolley	OPEN	West 4 Harriers	M35		Silver	M-1
4	5	34:18.71	Stuart	Beaney	VAC	Kent AC	M45	Silver		M-2
5	8	34:51.73	Andrew	Pickett	SCVAC	Dartford Harriers AC	M35		Bronze	M-2
6	2	35:06.88	Matthew	Jones	VAC	Thames Hare & Hounds	M40	Gold		M-1
7	7	35:09.50	Ian	Johnston	VAC	Veterans AC	M50	Gold		M-1
8	11	35:42.95	Martin	Murray	NEMAA	New Marske Harriers Club	M50		Silver	M-2
9	10	36:18.29	Tony	Tuohy	VAC	Dulwich Runners AC	M55	Gold		M-1
10	12	36:23.55	Jonathan	Ratcliffe	SCVAC	Herne Hill Harriers	M50		Bronze	M-3
11	14	36:57.89	Andre	Dahlkamp	VAC	Victoria Park Harriers & TH AC	M45	Bronze		M-3
12	15	36:59.60	Jamie	Mcloughlin	VAC	Walton AC	M40	Silver		M-2
13	9	37:56.04	Terry	Booth	VAC	Guildford & Godalming AC	M50	Silver		M-4
14	16	38:40.08	John	Foss	VAC	South London Harriers	M60	Gold		M-1
15	18	39:13.79	Neil	Rae	OPEN	Ranelagh Harriers	M45		Silver	M-4
16	19	39:25.95	Vaughan	Ramsay	VAC	Ranelagh Harriers	M45			M-5
17	27	39:35.78	Pete	Crockford	VAC	London Heathside	M60	Silver		M-2
18	23	39:45.08	David	Cull	VAC	Serpentine RC	M35	Silver		M-3
19	25	39:49.21	Andy	Gannaway	VAC	Winchester & District AC	M55	Silver		M-2
20	26	39:56.52	Steve	Oliver	SWVAC	Winchester & District AC	M55		Bronze	M-3
21	28	40:35.86	Jamie	Giles	VAC	Serpentine RC	M35	Bronze		M-4
22	29	41:18.19	Thomas	Martini	VAC	Serpentine RC	M40	Bronze		M-3
23	24	41:25.20	Robert	O'Rourke	VAC	Veterans AC	M55	Bronze		M-4

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1	38	40:58.17	Sean	Smith	SCVAC	Southern Counties Veterans AC	M50			M-5
2	33	42:15.18	Terry	O'Neill	VAC	Belgrave Harriers	M65	Gold		M-1
3	36	42:21.60	Peter	Hall	VAC	West 4 Harriers	M60	Bronze		M-3
4	40	42:29.06	Martin	Daoud	VAC	Ealing Southall & Middlesex AC	M55	Silver		M-5
5	31	43:12.29	Helen	Pool	VAC	Reading Roadrunners	W40	Gold		F-1
6	37	43:21.58	Kenneth	Bowman	EMAC	Coltishall Jaguars RC	M70		Gold	M-1
7	32	43:26.56	David	Bowker	EMAC	Fairlands Valley Spartans	M60			M-4
8	39	44:18.62	Stuart	Leigh	VAC	Serpentine RC	M50	Bronze		M-6
9	41	45:29.69	John	Denyer	VAC	Sevenoaks AC	M70	Gold		M-2
10	46	47:31.85	Margaret	Moody	VAC	Basingstoke & Mid Hants AC	W65	Gold		F-1
11	47	48:23.19	Rhiannon	Needham	VAC	Serpentine RC	W35	Gold		F-1
12	44	48:29.73	Martin	Garrett	VAC	Sudbury Court Running Club	M60			M-5
13	43	48:49.79	Peter	Durrans	VAC	Veterans AC	M65	Silver		M-2
14	42	48:58.49	Tom	Morris	VAC	Hercules Wimbledon AC	M60			M-6
15	50	49:11.52	Nichola	Atkins	VAC	Kingston AC And Poly Harriers	W50	Gold		F-1
16	51	50:37.18	Michael	Johnson	VAC	Thames Hare & Hounds	M75	Gold		M-1
17	53	56:36.37	Karen	Samuel	SCVAC	Kent AC	W55		Gold	F-1
18	49	57:30.39	Ian	Strong	VAC	Epsom Oddballs RC	M55			M-6
19	52	57:55.73	Camilla	Allwood	OPEN	Serpentine RC	W55		Silver	F-2
20	57	59:10.44	Alan	Davidson	VAC	Liss Runners	M70	Silver		M-3
21	54	1:03:08.13	Joe	Aspinall	VAC	Veterans AC	M80	Gold		M-1
22	55	1:03:33.23	Ann	Bath	VAC	26.2 Road Runners Club	W70	Gold		F-1
23	58	1:07:38.38	Edwin	Bartlett	VAC	Veterans AC	M70	Bronze		M-4
24	56	1:08:16.09	Francis	Thomason	VAC	Veterans AC	M65	Bronze		M-3
25	59	1:11:50.38	Richard	Pitcairn-Knowles	VAC	Sevenoaks AC	M85	Gold		M-1