

VAC 5000m Championship: Wimbledon Park, 27 July 2022

Place	Time	Bib	First Name	Last Name	Cat Pos	VAC Medal	Guest	Team Name
1	15:44.54	46	Richard	McDowell	M40-1	M40 Gold		Veterans AC
2	16:00.44	8	Andy	Bond	M45-1	M45 Gold		Veterans AC
3	16:22.25	71	James	Sumpter	M45-2		M45 Silver	Thames Valley Harriers
4	16:26.61	80	Oliver	Gosden	M45-3		M45 Bronze	Guildford & Godalming AC
5	16:42.62	9	Terry	Booth	M55-1	M55 Gold		Veterans AC
6	16:48.06	33	Ben	Goddard	M35-1	M35 Gold		Veterans AC
7	16:48.94	60	Will	Pitt	M50-1	M50 Gold		Veterans AC
8	16:49.83	13	Paul	Calver	M40-2		M40 Silver	Herne Hill Harriers
9	16:49.88	69	David	Sharman	M35-2		M35 Silver	Wimbledon Windmilers
10	16:53.12	72	Nick	Tearle	M45-4	M45 Silver		Veterans AC
11	17:02.99	48	Jamie	Mcloughlin	M45-5	M45 Bronze		Veterans AC
12	17:27.58	73	Mark	Tennyson	M55-2	M55 Silver		Veterans AC
13	17:33.53	79	Tom	Woolley	M40-3		M40 Bronze	Tonbridge AC
14	17:47.24	25	Fergal	Donnelly	M45-6			Veterans AC
15	17:53.25	55	Chris	Ness	M50-2	M50 Silver		Veterans AC
16	18:00.52	58	David	Ogden	M60-1	M60 Gold		Veterans AC
17	18:08.76	20	Andre	Dahlkamp	M50-3	M50 Bronze		Veterans AC
18	18:16.94	62	Jonathan	Ratcliffe	M55-3		M55 Bronze	SCVAC
19	18:17.52	30	Gina	Galbraith	W45-1		W45 Gold	Hercules Wimbledon AC
20	18:24.34	32	Ben	Gilmore	M40-4	M40 Silver		Veterans AC
21	18:32.12	44	Rob	Marcus	M45-7			Veterans AC
22	18:39.46	65	Peter	Robertson	M40-5	M40 Bronze		Veterans AC
23	18:42.99	76	Jonathan	Whittaker	M40-6			Veterans AC
24	18:48.16	17	Anna	Critchlow	W50-1	W50 Gold		Veterans AC
25	18:54.98	15	Kate	Carter	W45-2	W45 Gold		Veterans AC
26	18:59.15	10	Andy	Bowen	M55-4	M55 Bronze		Veterans AC
27	19:23.05	26	Paul	Doyle	M55-5			Veterans AC
28	19:37.28	4	Julie	Backley	W50-2	W50 Silver		Veterans AC
29	19:46.84	70	Satnam	Singh	M45-8			Datchet Dashers
30	19:58.46	21	Martin	Daoud	M55-6			Veterans AC
31	19:59.75	61	Helen	Pool	W45-3	W45 Silver		Veterans AC
32	20:04.71	31	Andrew	Gibbens	M55-7			Invicta East Kent AC
33	20:50.51	78	Lucy	Woolhouse	W60-1	W60 Gold		Veterans AC
34	20:55.54	12	Darko	Calina	M55-8			Veterans AC
35	20:58.28	75	Dave	Watson	M65-1		M65 Gold	Northern Masters AC
36	21:09.25	66	Dean	Saliba	M40-7			Veterans AC
37	21:13.83	19	Claire	Curtin	W40-1		W40 Gold	Clapham Chasers
38	21:52.56	39	Christopher	Lee	M60-2	M60 Silver		Veterans AC
39	22:50.22	50	Andy	Mitchelson	M50-4			Veterans AC
40	22:59.42	43	Michael	Mann	M70-1	M70 Gold		Veterans AC
41	23:10.87	54	Rhiannon	Needham	W40-2	W40 Gold		Veterans AC
42	23:21.51	3	Nicky	Atkins	W55-1	W55 Gold		Veterans AC
43	23:46.79	37	Caroline	Helder	W60-2	W60 Silver		Veterans AC
44	24:43.09	52	Tom	Morris	M60-3	M60 Bronze		Veterans AC
45	25:13.22	7	Fiona	Bishop	W60-3	W60 Bronze		Veterans AC
46	25:34.54	1	Sarah	Allen	W55-2	W55 Silver		Veterans AC
47	26:05.71	51	Claire	Morgan	W60-4			Veterans AC
48	26:11.84	18	Penelope	Cummings	W45-4	W45 Bronze		Veterans AC
49	26:49.34	74	Edward	Thorpe	M75-1	M75 Gold		Veterans AC
50	27:53.51	64	Alan	Rich	M70-2	M70 Silver		Veterans AC
51	27:53.70	63	Pauline	Rich	W75-1	W75 Gold		Veterans AC
52	27:59.63	24	Alan	Dolton	M65-2	M65 Gold		Veterans AC
53	28:25.27	67	Karen	Samuel	W60-5			Veterans AC
54	31:06.47	56	Bill	O'Connor	M75-2	M75 Silver		Veterans AC