

East Surrey League, Lloyd Park, 9 October 2022**Individual Adults - 8km (Team Results are after the table)**

| Position | No | Athlete | Club | Age Group | Time | Position |
|-----------------|-----------|------------------------|---------------------|------------------|-------------|-----------------|
| 1 | 553 | James Hancock | Croydon | SM | 26:47 | 1 |
| 2 | 74 | Alex Gurteen | Epsom & Ewell | SM | 28:30 | 2 |
| 3 | 66 | Steve Winder | Epsom & Ewell | M50 | 28:39 | 3 |
| 4 | 557 | Douglas Aikman | Croydon | U20M | 28:53 | 4 |
| 5 | 3083 | Phil Coales | Striders of Croydon | SM | 29:08 | 5 |
| 6 | 77 | Daniel Wolff | Epsom & Ewell | SM | 29:13 | 6 |
| 7 | 552 | Alex Penfold | Croydon | SM | 29:44 | 7 |
| 8 | 292 | Tatsuya Okamoto | Striders of Croydon | M40 | 29:56 | 8 |
| 9 | 79 | James Wilson | Epsom & Ewell | M45 | 30:11 | 9 |
| 10 | 81 | Chris Ryans | Epsom & Ewell | M40 | 30:39 | 10 |
| 11 | 283 | Andrew Aitken | Striders of Croydon | M40 | 30:41 | 11 |
| 12 | J69 | Lee Flanagan | Striders of Croydon | M45 | 30:42 | 12 |
| 13 | A109 | Matt Shires | Croydon | SM | 30:45 | 13 |
| 14 | 264 | James Brown | Herne Hill | SM | 30:54 | 14 |
| 15 | 75 | George Hannay | Epsom & Ewell | U20M | 31:18 | 15 |
| 16 | 59 | Marcus Leathwood | Epsom & Ewell | M45 | 31:39 | 16 |
| 17 | 267 | Stephanie Ainley | Herne Hill | SW | 31:41 | 1 |
| 18 | 548 | Ashley George | Croydon | SM | 31:56 | 17 |
| 19 | 299 | Matt Stone | Striders of Croydon | M60 | 32:01 | 18 |
| 20 | 342 | Chris Ness | Veterans AC | M50 | 32:16 | 19 |
| 21 | 67 | Gary Coleman | Epsom & Ewell | M45 | 32:21 | 20 |
| 22 | 182 | Muhammed Haile | Herne Hill | M55 | 32:23 | 21 |
| 23 | 341 | David Ogden | Veterans AC | M60 | 32:45 | 22 |
| 24 | 284 | Olly Watts | Striders of Croydon | M40 | 32:46 | 23 |
| 25 | 564 | Gavin Englefield | Veterans AC | M45 | 33:08 | 24 |
| 26 | 178 | Scott Morrison | Herne Hill | SM | 33:13 | 25 |
| 27 | 61 | Alex Rodriguez | Epsom & Ewell | U20M | 33:32 | 26 |
| 28 | 560 | Marcos Palomares-Conde | Croydon | M45 | 33:40 | 27 |
| 29 | 293 | Tom Vincent | Striders of Croydon | M40 | 33:43 | 28 |
| 30 | 49 | Chris Glencross | Epsom & Ewell | M45 | 33:51 | 29 |
| 31 | 554 | Penny Oliver | Croydon | SW | 33:39 | 2 |
| 32 | 656 | Anna Critchlow | Veterans AC | W50 | 34:04 | 3 |
| 33 | 2302 | Kerim Suruliz | Striders of Croydon | M40 | 34:09 | 30 |
| 34 | 183 | Suzanne Swaine | Herne Hill | W40 | 34:26 | 4 |
| 35 | 558 | Jacob Armstrong-Plieth | Croydon | M45 | 34:35 | 31 |
| 36 | 491 | Sam Dorrans | Croydon | SM | 34:41 | 32 |
| 37 | 334 | Tom Keenan | Sutton & District | SM | 34:43 | 33 |
| 38 | 191 | Anthony Constantinou | Collingwood | M55 | 34:57 | 34 |
| 39 | 2076 | Paul Finch | Striders of Croydon | M45 | 35:03 | 35 |
| 40 | 64 | Sophie Lomas | Epsom & Ewell | U20W | 35:09 | 5 |
| 41 | 1159 | Graham Hannay | Sutton & District | M45 | 35:11 | 36 |
| 42 | 323 | Fraser Brough | Sutton & District | M45 | 35:15 | 37 |
| 43 | 173 | Ian Jack | Herne Hill | M40 | 35:22 | 38 |
| 44 | 297 | Stephen Kennefick | Striders of Croydon | M45 | 35:24 | 39 |
| 45 | 551 | James Moore | Croydon | M50 | 35:32 | 40 |
| 46 | 266 | Dzeban Oleksandra | Herne Hill | W35 | 35:33 | 6 |
| 47 | x67 | Luke Burden | Striders of Croydon | SM | 35:47 | 41 |
| 48 | x73 | Colin Oxlade | Croydon | M60 | 35:47 | 42 |
| 49 | 294 | John O'Mahoney | Striders of Croydon | M40 | 35:53 | 43 |
| 50 | 177 | Anabelle Aires | Herne Hill | SW | 35:56 | 7 |
| 51 | 296 | Consuelo Kennefick | Striders of Croydon | W50 | 36:07 | 8 |
| 52 | 195 | John Cazabon | Collingwood | M55 | 36:14 | 44 |
| 53 | b109 | Mike Smalley | Croydon | SM | 36:18 | 45 |

| | | | | | |
|-----|----------------------------|---------------------|------|-------|----|
| 54 | 82 Helen Maguire | Epsom & Ewell | W35 | 36:19 | 9 |
| 55 | 429 Neil Aikman | Croydon | M50 | 36:33 | 46 |
| 56 | 1408 Laura Marshall | Croydon | W45 | 36:38 | 10 |
| 57 | 319 Kanna Tharmakulasingam | Sutton & District | SM | 36:43 | 47 |
| 58 | 170 Mark Bebbington | Herne Hill | M60 | 37:00 | 48 |
| 59 | 199 Robin Dow | Collingwood | M45 | 37:02 | 49 |
| 60 | 336 Stuart Leigh | Veterans AC | M55 | 37:07 | 50 |
| 61 | 286 Kara Boaks | Striders of Croydon | W35 | 37:14 | 11 |
| 62 | 563 John Foss | Veterans AC | M60 | 37:16 | 51 |
| 63 | 282 Andy Perks | Striders of Croydon | M50 | 37:24 | 52 |
| 64 | 318 Amber Brough-Nuesink | Sutton & District | W45 | 37:32 | 12 |
| 65 | x74 Peter Frost | Epsom & Ewell | M55 | 37:34 | 53 |
| 66 | 295 John Summers | Striders of Croydon | M40 | 37:34 | 54 |
| 67 | x68 Jon Dean | Striders of Croydon | M60 | 37:39 | 55 |
| 68 | 189 Richard Stansfield | Herne Hill | M55 | 37:58 | 56 |
| 69 | 549 Terry Lapins | Croydon | SM | 38:05 | 57 |
| 70 | x66 Chris Morton | Striders of Croydon | M55 | 38:20 | 58 |
| 71 | 285 Nigel Finch | Striders of Croydon | M55 | 38:33 | 59 |
| 72 | 1160 Chris Dyke | Croydon | SM | 38:58 | 60 |
| 73 | 443 Matthew Kiernan | Croydon | SM | 39:02 | 61 |
| 74 | 198 Caroline Cattini | Collingwood | W45 | 39:13 | 13 |
| 75 | 223 Keith Dunning | Collingwood | M55 | 39:19 | 62 |
| 76 | 490 Andy Del Nevo | Croydon | M55 | 39:40 | 63 |
| 77 | 561 Mike Mann | Veterans AC | M70 | 39:47 | 64 |
| 78 | 337 Steve Plested | Veterans AC | M70 | 39:51 | 65 |
| 79 | 80 Aneta Ryans | Epsom & Ewell | W35 | 40:03 | 14 |
| 80 | 60 Georgina Winder | Epsom & Ewell | U20W | 40:50 | 15 |
| 81 | 265 Stuart Morrison | Herne Hill | M50 | 40:51 | 66 |
| 82 | 300 Paul Ayres | Striders of Croydon | SM | 41:19 | 67 |
| 83 | 437 Sunanda Sarker-Bell | Croydon | W55 | 41:48 | 16 |
| 84 | 71 Bill Arbury | Epsom & Ewell | M55 | 41:54 | 68 |
| 85 | 329 Anna Ulewicz | Sutton & District | W35 | 42:04 | 17 |
| 86 | 68 Gareth George | Epsom & Ewell | M50 | 42:17 | 69 |
| 87 | 72 William Brook | Epsom & Ewell | M45 | 42:21 | 70 |
| 88 | 289 Mark Harman | Striders of Croydon | M45 | 42:34 | 71 |
| 89 | 306 Cindy Siu | Striders of Croydon | W40 | 42:41 | 18 |
| 90 | 654 Dave West | Veterans AC | M60 | 42:57 | 72 |
| 91 | 1158 Jenny Forde | Croydon | SW | 43:32 | 19 |
| 92 | 291 Debra Bourne | Striders of Croydon | W50 | 43:43 | 20 |
| 93 | 185 Gillian Wheeldon | Herne Hill | W60 | 44:12 | 21 |
| 94 | 262 Richard Tricker | Herne Hill | M50 | 44:14 | 73 |
| 95 | 825 Gary Budinger | Veterans AC | M60 | 45:01 | 74 |
| 96 | 489 Jules Del Nevo | Croydon | W50 | 45:31 | 22 |
| 97 | 196 Elaine Reid | Collingwood | W50 | 46:00 | 23 |
| 98 | 298 Yasmin Anderson | Striders of Croydon | W40 | 46:16 | 24 |
| 99 | 259 Monika Fisk | Collingwood | W35 | 46:28 | 25 |
| 100 | 340 David Hinds | Veterans AC | M70 | 46:32 | 75 |
| 101 | 176 Sarah Allen | Herne Hill | W55 | 46:56 | 26 |
| 102 | 197 Tamsyn Down | Collingwood | W45 | 47:45 | 27 |
| 103 | 194 Jude Wheeler | Collingwood | W35 | 48:36 | 28 |
| 104 | 565 Dan Maskell | Veterans AC | M70 | 50:22 | 76 |
| 105 | 448 Keith Brown | Croydon | M65 | 51:48 | 77 |
| 106 | 288 Jay Brzsak | Striders of Croydon | W45 | 52:53 | 29 |
| 107 | 249 Louise Andrews | Collingwood | W45 | 53:17 | 30 |
| 108 | 290 Michelle Klein | Striders of Croydon | W45 | 65:20 | 31 |

Team Results

| | Mens Team | 1 | 2 | 3 | 4 | Total |
|---|---------------------|----------|----------|----------|----------|--------------|
| 1 | Epsom & Ewell | 2 | 3 | 6 | 9 | 20 |
| 2 | Croydon | 1 | 4 | 7 | 13 | 25 |
| 3 | Striders of Croydon | 5 | 8 | 11 | 12 | 36 |
| 4 | Herne Hill | 14 | 21 | 25 | 38 | 98 |
| 5 | VAC | 19 | 22 | 24 | 50 | 115 |
| 6 | Collingwood | 34 | 44 | 49 | 62 | 189 |

| | Women's Team | 1 | 2 | 3 | 4 | Total |
|---|---------------------|----------|----------|----------|----------|--------------|
| 1 | Herne Hill | 1 | 4 | 6 | 7 | 18 |
| 2 | Epsom & Ewell | 5 | 9 | 14 | 15 | 43 |
| 3 | Croydon | 2 | 10 | 16 | 19 | 47 |
| 4 | Sutton & District | 8 | 11 | 18 | 20 | 57 |
| 5 | Collingwood | 13 | 23 | 25 | 27 | 88 |