

VAC 10,000m Championship, Wimbledon Park, 15 September 2021

Place	Time	Bib	First Name	Last Name	Category	VAC Medal	Guest	Team Name
1	33:26.25	83	Joe	Dale	M40		M40 Gold	Victoria Park Harriers and TH
2	33:29.78	179	Duncan	Woolmer	M40	M40 Gold		Veterans AC
3	35:02.89	90	Gareth	Evans	M40		M40 Bronze	Victoria Park Harriers and TH
4	35:06.56	174	David	Sharman	M35		M35 Gold	Wimbledon Windmilers
5	35:17.71	89	Sam	Duggan	M35		M35 Silver	Victoria Park Harriers and TH
6	35:29.98	175	Andy	Waterman	M40		M40-4	Victoria Park Harriers and TH
7	35:46.44	168	Ben	Reynolds	M55	M55 Gold		Veterans AC
8	36:27.57	131	Jamie	Mcloughlin	M45	M45 Gold		Veterans AC
9	36:30.42	164	Jonathan	Ratcliffe	M50		M50 Gold	Herne Hill Harriers
10	36:52.48	99	Robin	Jones	M45	M45 Silver		Veterans AC
11	36:58.79	176	David Owen	Williams	M55		M55 Silver	Guildford & Godalming AC
12	37:18.17	87	Fergal	Donnelly	M45	M45 Bronze		Veterans AC
13	37:43.10	158	Tony	Page	M45	M45-4		Veterans AC
14	37:52.40	81	Carole	Coulon	W45		W45 Gold	Blackheath & Bromley H AC
15	38:37.94	94	Jeremy	Garner	M45	M45-5		Veterans AC
16	38:58.80	88	Paul	Doyle	M50	M50 Gold		Veterans AC
17	39:39.80	85	Martin	Daoud	M55	M55 Silver		Veterans AC
18	39:43.31	177	Jonathan	Wilson	M50		M50 Bronze	Bromley Veterans AC
19	39:53.16	150	Chris	Ness	M50	M50 Silver		Veterans AC
20	40:01.35	77	Roger	Beardsworth	M60	M60 Gold		Veterans AC
21	40:06.93	172	Rob	Saunders	M45		M45-6	Highgate Harriers
22	40:15.43	79	Kate	Carter	W40	W40 Gold		Veterans AC
23	40:49.74	70	Steve	Oliver	M60		M60 Silver	Winchester & District AC
24	40:51.58	178	Frank	Womelsdorf	M40		M40-5	Serpentine RC
25	41:16.67	98	Peter	Johnson	M55	M55 Bronze		Veterans AC
26	41:25.64	159	David	Pitt	M65	M65 Gold		Veterans AC
27	41:31.03	82	Pete	Crockford	M60	M60 Silver		Veterans AC
28	41:54.66	162	Helen	Pool	W45	W45 Gold		Veterans AC
29	42:00.95	180	Andrew	Robinson	M55	M55-5		Veterans AC
30	42:19.52	92	John	Foss	M60	M60 Bronze		Veterans AC
31	43:48.06	171	David	Robinson	M40		M40-6	Serpentine RC
32	44:18.00	156	Terry	O'Neill	M65	M65 Silver		Veterans AC
33	45:28.52	125	Stuart	Leigh	M55	M55-6		Veterans AC
34	45:44.22	136	Andy	Mitchelson	M50	M50 Bronze		Veterans AC
35	45:56.83	100	Ceara	Joyce	W50		W50 Gold	Epsom Oddballs RC
36	46:23.66	71	Richard	Askwith	M60		M60-5	Keswick AC
37	47:17.55	95	Lee	Goddard	M60	M60-6		Veterans AC
38	47:46.52	73	Bob	Bannister	M65	M65 Bronze		Veterans AC
39	48:07.84	141	Tom	Morris	M60	M60-7		Veterans AC
40	48:25.75	113	Peter	Kennedy	M70	M70 Gold		Veterans AC
41	49:05.08	109	Glen	Keegan	M55	M55-7		Veterans AC
42	49:10.67	127	Ian	McCarthy	M65	M65-4		Veterans AC
43	51:37.88	142	Rhiannon	Needham	W40	W40 Silver		Veterans AC
44	52:25.48	91	William	Fordham	M65	M65-5		Veterans AC
45	52:52.45	123	Sarah	Knox	W50	W50 Gold		Veterans AC
46	57:25.92	153	Bill	O'Connor	M75	M75 Gold		Veterans AC
47	57:42.24	80	John	Carter	M75	M75 Silver		Veterans AC
48	1:05:20.11	75	Ann	Bath	W70	W70 Gold		Veterans AC
49	1:05:42.86	86	Alan	Davidson	M70	M70 Silver		Veterans AC