

4TH CECIL GITTINS MEMORIAL WALKS

INCORPORATING ENFIELD LEAGUE

SATURDAY 9 MARCH 2019 at 1.00 pm

Organised by:

VETERANS ATHLETIC CLUB

www.vetsac.org.uk

RWA Race Permit No. RWA9024-1; accurately measured course

Rules: Judging based on no loss of contact with ground (Category 'B')

Course 2.5k/5k/10k/15k mile road race on cycle track adjacent to A2 near Gravesend

Race HQ: Cyclopark, The Tollgate, Watling Street, Gravesend, Kent, **DA11 7NP**

Facilities: Café, changing, toilets and showers.

Parking: £3 per car

Entry Fees: In advance preferred: Seniors, U20 and over £5; Juniors U17 and under £2.50

Entries before 12:30 on day an additional £2.

Entries in advance would count as cheque or SMS or e-mail received by 17:30 Friday 8 March

By post to: David Hoben, 215 Turnpike Link, Croydon CR0 5NW.

Cheques payable to 'Veterans AC'.

Numbers: Race numbers can be collected at Registration on race day between 12:00 and 12:45pm.

The Enfield League will be over a distance of 10k, those proceeding to 15k will have a 10k time recorded additionally, all entrants competing 10k and over are automatically enrolled in the Enfield League

Enquiries: To David Hoben, walks@vetsac.org.uk or 07507158605

----- ENTRY FORM: PLEASE PRINT DETAILS -----

Surname: Forename: Male: ... Female:

Age (on race day): Date of Birth: Club/Team:

Address:

Town: Postcode: Tel no.:

Email address: Or mobile phone no

I declare that I will abide by the rules of UK Athletics rules and of the Event. I understand that I participate in this event at my own risk and that the organisers and officials will not be responsible for any accident injury, loss or damage sustained by me prior to, during or after the event.

I declare that my personal data is not shared with any third parties except as necessary for competition management. I agree that the organisers may store my personal data and results electronically. I also agree that the organisers may arrange to publish my personal details as part of the results of the event. Results may include name, club affiliation, race times and age category.

I agree that audio device headphones must not be used, and dogs are not permitted in the race.

Signed: Date: Race no. (office use only).....
(Parent or guardian if under 18 years of age)